

IT'S NEVER TOO EARLY TO MAKE SMART CHOICES ABOUT YOUR APPEARANCE

Like routine exercise and healthy eating habits, taking care of your skin today can protect a youthful appearance for years to come. Most physicians would agree that, “we can’t stop the clock, but we can take simple measures now to help people derail the aging process, particularly when it comes to preserving a youthful, more natural appearance that extends from the face to the neck and décolleté.”

Experts agree that sun exposure causes most of the wrinkles and age spots on the face. Further, the sun’s ultraviolet (UV) light damages the fibers in the skin called elastin. When these fibers break down, the skin begins to sag, stretch, and lose its ability to go back into place after stretching.

Usher in the new BTL EXILIS ULTRA™ – a noninvasive treatment that delivers thermal energy via radio frequency (RF™) and ultrasound simultaneously to smooth wrinkles and tone slack skin on the face, jowls and neck. Revitalize Aesthetics is one of the few practices in the area to introduce the next-generation device, and Dr. April Papa find’s BTL EXILIS ULTRA™ offers a variety of safe and effective age-maintenance solutions for patients in their 20s and all the way into their 70s.

“In our practice, more and more patients are trending toward age maintenance with a focus on preventative treatments that pay off the rest of their life,” said the Dr. Thomas Papa D.O. Co-founder of Revitalize Aesthetics. “No longer confined to mature consumers, BTL EXILIS ULTRA™ is a non-surgical ‘multi-tasker’ that produces excellent results for virtually anyone at any age and for anywhere on the face and body.”

Consider the following non-surgical ways using BTL EXILIS ULTRA™ to correct age-related skin concerns, as well as help delay and even prevent certain changes from becoming serious problems in the future:

- **Bright Eyes.** For fine lines that begin to appear around the eyes, along with early signs of sagging of the upper eyelids and pouching of the lower eyelids, a specially designed hand-piece is used to precisely deliver RF™ and ultrasound thermal energy to the deeper skin layers. This causes the collagen support tissues to contract and tighten, thereby stimulating and strengthening the collagen network that improves skin laxity and wrinkly texture around the delicate eye area.

- **Smooth Lips.** Plump up and smooth crinkly lips with BTL EXILIS ULTRA™, which can stimulate collagen and restore elasticity. Bonus benefits of treatment include tighter and volumized lips, plus revascularization that amps up the blood supply and circulation for a rosy-colored smile.
- **Lower Face and Neck pre-Juvenation.** With aging comes the loss of bone density, collagen and fat -- all of which contribute to a sagging lower face, irregular chin contours, turkey neck and wrinkled décolletage. To prevent these telltale signs from becoming obviously deep and embedded, two to four sessions of BTL EXILIS ULTRA™ can achieve significant "Pre-juvenation." Wrinkle removal, skin tightening and profile reshaping improvements can help stop aging before it's too late.

"In general, the best time to start treatment is when the lines in your face are minimally visible. For decreased elasticity combined with rearranged volume that is compounded by gravity, as commonly seen in the lower face, neck and chest areas, it's ideal to begin treatment early on and nip those age-related problems in the bud," noted Dr. Papa

About Revitalize Aesthetics

Dr. April Papa D.O. is the co-owner/medical director of Revitalize Aesthetics. Dr. Papa is a Board Certified Emergency Medicine physician who has been actively practicing Emergency Medicine for over 10 years. Come and see Dr. Papa at Revitalize Aesthetics to help you reach your aesthetic goals!

For more information and to schedule an appointment now, please visit www.revitalize-skin.com or phone (484) 413-2011.